



Fresubin Diben

For glycaemic control

1.5 kcal/mL, high protein oral nutritional supplement for the dietary management of patients with or at risk of malnutrition, with impaired glucose metabolism such as impaired glucose tolerance, stress-induced hyperglycaemia, and diabetes mellitus



Modified carbohydrate profile with low glycaemic index for improved glycaemic control^{1,2}

Balanced fat profile: high in monounsaturated fatty acids to improve glycaemic control³⁻⁵ and insulin sensitivity⁶⁻⁸, and fish oil for cardiovascular protection⁹⁻¹¹

Low in sodium and cholesterol in line with Diabetes guidelines^{12,13}

Fresubin® Diben DRINK

Available in vanilla flavour



Nutritional Information

Average content		100mL	bottle = 200 mL
Energy value		630	1260
	kJ (kcal)	(150)	(300)
Fat (42% Energy)	g	7.0	14.0
of which SFA*	g	1.7	3.4
of which medium chain triglycerides	g	1.2	2.4
of which MUFA**	g	3.8	7.6
of which PUFA***	g	1.5	3.0
of which EPA# + DHA##	g	0.054	0.108
of which cholesterol	mg	≤ 6	≤ 12
Carbohydrate (35% Energy)	g	13.1	26.2
of which starch	g	5.3	10.6
of which sugars	g	2.5	5.0
of which fructose	g	1.9	3.8
of which lactose	g	≤ 0.5	≤ 1.0
Fibre (3% Energy)	g	2.0	4.0
Protein (20% Energy)	g	7.5	15
Water	mL	79	158
Osmolarity	mosmol/L	350	350
Osmolality	mosmol/kg H ₂ O	440	440
Minerals and trace elements			
Sodium	mg	65	130
Potassium	mg	130	260
Chloride	mg	55	110
Calcium	mg	150	300
Magnesium	mg	15	30
Phosphorus	mg	95	190
Iron	mg	2.0	4.0
Zinc	mg	1.5	3.0
Copper	mg	0.3	0.6
Manganese	mg	0.4	0.8
Iodine	µg	30	60
Fluoride	mg	0.2	0.4
Chromium	µg	10	20
Molybdenum	µg	15	30
Selenium	µg	10	20
Vitamins and other nutrients†			
Vitamin A	µg RE°	170	340
Vitamin D ₃	µg	2.0	4.0
Vitamin E	mg α-TE°°	3.0	6.0
Vitamin K ₁	µg	16.7	33.4
Thiamine (Vitamin B ₁)	mg	0.23	0.46
Riboflavin (Vitamin B ₂)	mg	0.32	0.64
Niacin	mg	1.5	3
Vitamin B ₆	mg	0.33	0.66
Vitamin B ₁₂	µg	0.6	1.2
Pantothenic acid	mg	1.2	2.4
Biotin	µg	7.5	15.0
Folic acid	µg	50	100
Vitamin C	mg	15	30
Choline	mg	26.7	53.4

° RE: retinol equivalents; °°α-TE: alpha-tocopherol equivalents;
*eicosapentaenoic acid **docosahexaenoic acid

General information

Food for special medical purposes:

Nutritionally complete, high-caloric (1.5 kcal / mL), high protein oral nutritional supplement, with fibre. High in monounsaturated fatty acids, modified carbohydrate profile with low glycaemic index (GI <37), low in sodium and cholesterol. For the dietary management of patients with or at risk of malnutrition in particular for patients with impaired glucose metabolism.

Dosage:

Must be determined by the healthcare professional according to patients' needs. Recommendation for supplementary nutrition 2 - 3 bottles (600 - 900 kcal)/day, for complete nutrition 5 bottles (1500 kcal)/day.

Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children <3 years. Use with caution in children <6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake.

Not for parenteral (I.V.) use!

Instructions for use:

Best served chilled. Shake well before use. Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours.

Additional considerations:

Not suitable where enteral nutrition is not permitted such as in acute gastrointestinal bleeding, gut atonia, ileus and others. Not suitable for patients with severe form of malabsorption, or those with congenital inability to metabolise nutrients contained in Diben DRINK.

Ingredients

Fresubin Diben DRINK Vanilla: Water, milk protein, modified starch, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), fructose, medium chain triglycerides (MCT), potassium citrate, fish oil, flavourings emulsifiers (E 471, soya lecithins), sodium chloride, choline hydrogen tartrate, acidity regulator (E 524), vit. C, sweeteners (sodium cyclamate, saccharin sodium), magnesium oxide, iron pyrophosphate, zinc sulphate, vit. E, niacin, pantothenic acid, manganese chloride, copper sulphate, vit. B₂, vit. B₃, vit. B₆, sodium fluoride, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Allergen Information: Contains milk and soy. Low lactose and gluten free.

Halal & Kosher certified.

Flavour

Vanilla

References

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**FRESENIUS
KABI**

caring for life

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